

WMS PTO Meeting

October 24, 2019

Attendees: Joelle Reidy, Lisa Fico, Moira McDade, Linda Krug, Marissa Rosenbaum, Niki Offenloch & more (about 50 total)

PTO Update from Co-Presidents Joelle Reidy & Lisa Fico

Current donations collected \$4,500 from 290 families
WMS collaborates with WHS with Challenge Success
Dr Anthony Rao coming to WHS in December
WEF Spelling Bee November 13th 7pm Sprague
Save the Date for Th Dec 5th 7Pm, Dr Lester Hartman re: vaping and juuling, school leadership, both SRO
- Will talk to students on Friday Dec 6th (6-8 grade)

Wellesley Recreation - Jenn Haller Programs Coordinator

Dances, Fri afternoon, had skate night at Rink, looking to expand and grow teen center to get this group going
Taking suggestions for activities
They work with Challenge Success as well (has been working with WHS as well)

Robin from WMS spoke

Katie Greer spoke to 6th grade and then 7th
Talked with 6th about apps, privacy settings, gaming, digital footprint
7th - Went into sexting, stranger danger
Making jokes mean that they are thinking about what they just learned and processed

Katie Greer - Digital Safety - How to Keep Kids Safe in This Digital World

Internet safety consultant, worked with AG & Mass State Police about how to use technology positively
Social Networking & Age
- How old do kids need to be?
- How are they on if they're not old enough
- Is it ok for my kids to go on if i know about it?
She doesn't let her kids use any technology
Almost all of the 6th & 7th grade kids had a phone, usually 50-75% in her surveys while speaking to schools
Social apps - 80% for 6th, higher for 7th Facebook & Twitter - only about 3
Government rule is must be above 13 to be on social media
Kids brains are not fully formed and social media is complex
If kids have a lot of "friends" who are these people?
Social media replaces the learning the important social "work" of dealing face-to-face with peers
Addiction
Kids grade 6-college only study for 6 minutes before switching to a teach distraction
Teens, tweens and adults average 7-9 hours a day on screens
- Establish appropriate times/places
- Mandatory shut-down times
- Establish rules early
- Delay access
Teen depression suicide anxiety very high
Average grade kids get their own smartphone - 4th
Flip phone!
Wait until 8th
Instagram
Easy privacy settings (Facebook very hard)
Top right icon - direct messaging (one to one or one to many)
- Photo can be sent
Encrypted
Finstagram - Kids can have more than one account
Click on name and there will be a drop down carrot and you will see all accounts

SnapMap - Go into ghost mode so that no one can follow you on a map

Gaming - Play safely, not with strangers, set privacy settings

Tik Tok- Used by younger kids, no filtering, no way to make it safe

Authenticity, perception vs reality

Sexting

Very common - 13-17 year olds 50% have seen, sent or received

25% send along a sext

Pressure to go to the next step

Teaching kids how to say no

Old Fashioned Rules Apply

- Ask questions

- Clear/reinforce expectations (behavior, appropriateness)

No devices in room at night

Mandatory off-times.& spaces

Spot check vs snooping

- Check messages apps lots

- Check friend/follow/subscriber list

- Know your apps on a good level

- Team up with other parents